



# October 2009 Menu



<p><b>Menu subject to change due to availability</b></p>			<p><b>1</b> Milk, Juice, Waffles  Milk, Baked spaghetti, Salad, Tropical fruit salad, Bread/butter  Juice, Graham crackers</p>	<p><b>2</b> Milk, Bananas, Pop-tart  Milk, Fish sticks, Mac &amp; cheese, Peas, Peaches, Bread/butter  Juice, Pretzels</p>
<p><b>5</b> Milk, Juice, Cereal  Milk, Chicken alfredo, Broccoli &amp; cheese, Applesauce, Bread/butter  Milk, Honey bun</p>	<p><b>6</b> Milk, Raisins, Oatmeal  Milk, Turkey &amp; cheese sandwich, Green beans, Pineapple  Juice, Ritz crackers &amp; cheese</p>	<p><b>7</b> Milk, Juice, Scrambled eggs &amp; Toast  Milk, Taco Salad w/ salsa &amp; sour cream, Pinto beans, Peaches  Juice, Fruit &amp; oatmeal bars</p>	<p><b>8</b> Milk, Juice, Pop-tarts  Milk, Corn dogs, French fries, Tropical fruit salad  Juice, Goldfish</p>	<p><b>9</b> Milk, Cantaloupe, Muffins  Milk, Tuna patties, Mac &amp; cheese, Peas, Fruit cocktail, Bread/butter  Juice, Bugles</p>
<p><b>12</b> Milk, Juice, Pancakes  Milk, Chicken nuggets, Green beans, Peaches, Bread/butter  Juice, Chex mix</p>	<p><b>13</b> Milk, Juice, Cereal  Milk, Burritos, Corn, Applesauce  Milk, Fig newtons</p>	<p><b>14</b> Milk, Apple slices, Biscuit &amp; gravy  Milk, Ham &amp; cheese sandwich, Peas, Tropical fruit salad  Juice, Yogurt &amp; animal crackers</p>	<p><b>15</b> Milk, Juice, Toaster streudel  Milk, Lasagna, Salad, Pineapple, bread &amp; butter  Juice, granola bars</p>	<p><b>16</b> Milk, Juice, Pop-tarts  Milk, Fish sticks, Mac &amp; cheese, Broccoli, Fruit cocktail, Bread/butter  Juice, Pretzels</p>
<p><b>19</b> Milk, Oranges, Cereal  Milk, Pepperoni hot pockets, Corn, Pineapple  Juice, Nilla wafers &amp; bananas</p>	<p><b>20</b> Milk, Juice, Sausage biscuit  Milk, Grilled cheese, Vegetable soup, Fruit cocktail  Juice, Chips &amp; salsa</p>	<p><b>21</b> Milk, Juice, Pop-tarts  Milk, Cheese Ravioli, Salad, Peaches, Bread/butter  Milk, Honey bun</p>	<p><b>22</b> Milk, Strawberries, Waffles  Milk, Turkey &amp; cheese sandwich, Peas, Tropical fruit salad  Juice, Ritz bits</p>	<p><b>23</b> Milk, Juice, Oatmeal  Milk, Chicken wraps w/ lett &amp; tom, Green beans, Pineapple  Juice, Fruit snacks &amp; graham crackers</p>
<p><b>26</b> Milk, Juice, French toast sticks  Milk, BBQ sandwich, French fries, Fruit cocktail  Juice, Animal crackers</p>	<p><b>27</b> Milk, Juice, Bagels  Milk, Meatloaf, Mashed potatoes, Pineapple, Bread/butter  Juice, Corn chips</p>	<p><b>28</b> Milk, Raisins, Cinnamon toast  Milk, Grilled cheese, Homemade chili, Applesauce  Juice, Bugles</p>	<p><b>29</b> Milk, Juice, Cereal  Milk, Chicken nuggets, Green beans, Tropical fruit salad, Bread/butter  Juice, Chex mix</p>	<p><b>30</b> Milk, Juice, Pop-tarts  Milk, Fish sticks, Mac &amp; cheese, Peas, Peaches, Bread/butter  Juice, Granola bars</p>